



### COURSE DIRECTORS/INSTRUCTORS

**Ellen Silver Highfield** is a Licensed Acupuncturist who has been in practice since 1982. She is an Assistant Research Professor and Director of Acupuncture Programs in the Department of Family Medicine at Boston University School of Medicine. She has twenty years of experience teaching acupuncture at the New England School of Acupuncture and has also taught numerous CAM Faculty Development workshops at Harvard Medical School. Her interests have focused on integrating acupuncture into traditional medical venues. She specializes in acupuncture as an adjunct to oncology, chronic pain and pediatrics.

**Lisa Spellman** is a Licensed Acupuncturist who has been on staff at Boston Medical Center since 2006, where she supervises acupuncture interns in the New England School of Acupuncture free care Acupuncture Clinic. Previous work experience in western medical settings combined with her love of teaching make integrative settings a natural place for her. She specializes in the non-insertive acupuncture treatment of addicted newborns and also in various adolescent conditions.

### WHAT IS THE CLINICAL ROTATION FOR MEDICAL ACUPUNCTURISTS?

This program is a 12 week, 5-hour per week course focused on supplementing the clinical training of Medical Acupuncturists. It will feature individualized instruction, supervised patient sessions, and mentoring from experts. Enrollment limited to 8 participants.

Intense clinical time will enable participants to get highly individualized attention while exposing them to a variety of patients and medical conditions. The goal of this program is to extend the clinical training of the participants so that they develop confidence, competence and proficiency.

### WHAT SKILLS WILL I GAIN?

At the conclusion of this clinical rotation, participants will be able to:

- Integrate acupuncture diagnostic and therapeutic techniques with improved confidence and proficiency into medical/clinical practice.
- Practice safe and efficacious acupuncture needling techniques as well as other adjunctive techniques (cupping, electro-acupuncture, non-insertive techniques) while treating commonly seen medical conditions.
- Describe best evidence-based practice and current research into acupuncture and its uses within bio-medical settings.

### WHO SHOULD ATTEND?

Licensed MDs and DOs who:

1. have completed credentialed Medical Acupuncture courses.
2. are interested in expanding their knowledge and clinical skills.
3. carry their own malpractice insurance, which covers acupuncture.
4. have successfully been approved for trainee privileges at BMC (see application)

### WHERE AND WHEN IS THE PROGRAM?

**The Clinical Course for Medical Acupuncturists will be held at the Department of Family Medicine, at Boston Medical Center --Tuesdays, 4PM - 9PM beginning on Sept. 28, 2010.**

## ADVISORY BOARD

*(In alphabetical order)*

**Linda Barnes**, PhD, MTS, MA, Director, MA Program in Medical Anthropology & Cross-Cultural Practice, Graduate Medical Sciences, Boston University School of Medicine, Boston MA

**Larry Culpepper**, MD, MPH, Chair, Department of Family Medicine, Boston Medical Center  
Professor and Chairman of Family Medicine, Boston University School of Medicine, Boston MA

**Paula Gardiner**, MD, MPH, Asst. Director of Integrative Medicine and Assistant Professor, Family Medicine, Boston University School of Medicine, Boston MA

**Michael Grodin**, MD, Professor of Psychiatry, SocioMedical Sciences, Community Medicine, Medical Acupuncturist, Boston University School of Medicine, Boston MA

**Ted J. Kaptchuk**, Director of Complementary Specialties, Associate Professor of Medicine, Beth Israel Deaconess Medical Center, Boston, MA

**J. Yen Lin Loh**, MD, Medical Acupuncturist, Family Medicine, Boston University School of Medicine, Boston MA

**Robert Saper**, MD, MPH, Director of Integrative Medicine and Assistant Professor of Family Medicine, Boston University School of Medicine, Boston MA

**Kathy J. Seltzer**, Lic. Ac., Dean of Clinical Education, New England School of Acupuncture, Newton MA

**This clinical rotation is offered in an inner city hospital which serves a wide economic and cultural mix of patients. In addition to reviewing and expanding upon participants' theoretical knowledge, we will provide direct supervision in the Boston Medical Center clinics. Participants will treat patients from an Asian Medicine perspective, beginning with the initial intake interview through the formation of diagnosis and treatment principles. Special attention will be paid to the selection of appropriate acupuncture points, needling techniques and the appropriate monitoring of adjunctive modalities.**

## ACCREDITATION

Boston University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Boston University School of Medicine designates this educational activity for a maximum of 55 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should only claim credit commensurate with the extent of their participation in the activity.

## HOW CAN I APPLY?

Participants in this course will be selected from a pool of applicants who are licensed MDs and DOs and who have completed certified Medical Acupuncture courses. Prospective participants must submit an application, medical license, CV, proof of malpractice, a letter of recommendation from their supervisor, certificate of completion of an accredited acupuncture course for physicians, a letter of intent that includes any clinical experience with acupuncture/CAM therapies, and a set of goals for the clinical experience.

This course is focused on building clinical skills. You will be following your patients weekly, from intake through their entire treatment cycle, therefore a commitment to the program is essential.

The tuition is \$ 3,000.00 per participant.

## CONTACT:

[WWW.MDCLINICAL ACUPUNCTURE.COM](http://WWW.MDCLINICAL ACUPUNCTURE.COM)

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